

DAY/DATE	BREAKFAST	MID-MORNING	LUNCH	AFTERNOON	DINNER	BEDTIME	OTHER
__/__/__ Sun	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	
__/__/__ Mon	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	
__/__/__ Tue	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	
__/__/__ Wed	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	
__/__/__ Thurs	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	
__/__/__ Fri	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	
__/__/__ Sat	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	Time: _____ BG: _____ Carbs: _____ Insulin: _____	

Long acting _____ unit

Basal Rates: (12am) _____

() _____

() _____

() _____

I:C Ratio:

Breakfast: _____ (12a) _____

Lunch: _____ () _____

Dinner: _____ () _____

Snack: _____ () _____

Sensitivity factor/Correction factor

_____ for every _____ mg/dl \geq _____ mg/dl

(12am) _____

() _____

() _____

BG target range: _____ to _____

Fax logs to: 410-601-8859

Daily Log Book For _____

(DOB _____)

Phone # _____